

NorthStar Gymnastics - 2023/24 Regular Class Schedule

This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00am						Beginner Rec (9-10am) Kinder Gym (9-10am) Development Squad (9-11am)	Beginner Rec (9-10am) Kinder Gym (9-10am)
10:00am						Beginner Rec (10-11am) Kinder Gym (10-11am)	Beginner Rec (10-11am) Kinder Gym (10-11am)
11:00am						Beginner Rec (11-12pm)	Beginner Rec (11-12pm)
12:00pm							
1:00pm						Beginner Rec (1-2pm) Kinder Gym (1-2pm)	
2:00pm						Development Squad (2-4pm)	Birthdays / Events (2.30-4.00pm) TBC
3:00pm	Parent & Tot (3-4pm)		Beginner Rec (3-4pm)				
			Kinder Gym (3-4pm)				
4:00pm	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm)	
5:00pm	Junior & Senior Team (5-8pm)	Development Squad (5-7pm)	Junior & Senior Team (5-8pm)	Development Squad (5-7pm)	Junior & Senior Team (5-8pm)	Beginner Rec (5-6pm)	
6:00pm						Adult Gym (5-6.30pm)	
7:00pm		Beginner Rec (7-8pm) Adult Gym (7-8.30pm)	Adult Gym (7-8.30pm)				
8:00pm							
9:00pm							