

# NorthStar Gymnastics - 2023 Regular Class Schedule

\*\*This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.\*\*

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00am						Beginner Rec (9-10am) Kinder Gym (9-10am) Development Squad (9-11am)	Beginner Rec (9-10am) Kinder Gym (9-10am)
10:00am						Beginner Rec (10-11am) Kinder Gym (10-11am)	Beginner Rec (10-11am) Kinder Gym (10-11am)
11:00am						Beginner Rec (11-12pm)	Beginner Rec (11-12pm) Advanced Rec (11-1pm)
12:00pm							
1:00pm						Beginner Rec (1-2pm) Kinder Gym (1-2pm)	
2:00pm						Development Squad (2-4pm)	Birthdays / Events (2.30-4.00pm)  TBC
3:00pm	Parent & Tot (3-4pm)		Beginner Rec (3-4pm)  Kinder Gym (3-4pm)				
4:00pm	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm) Kinder Gym (4-5pm)	Beginner Rec (4-5pm)	
5:00pm	Junior & Senior Team (5-8pm)	Development Squad (5-7pm)	Junior & Senior Team (5-8pm)	Development Squad (5-7pm)	Junior & Senior Team (5-8pm)	Beginner Rec (5-6pm)	
6:00pm						Adult Gym (5-6.30pm)	
7:00pm		Beginner Rec (7-8pm) Adult Gym (7-8.30pm)	Adult Gym (7-8.30pm)				
8:00pm							
9:00pm							