

NorthStar Gymnastics - 2026 Regular Class Schedule

This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
9:00am						Beginner Rec (9-10am)	Beginner Rec (9-10am)	
10:00am						Kinder Gym (9-10am)	Kinder Gym (9-10am)	
11:00am						Dev Squad / Adv Rec (9-11am)		
12:00pm						Beginner Rec (10-11am)	Beginner Rec (10-11am)	
1.00pm						Kinder Gym (10-11am)	Kinder Gym (10-11am)	
2.00pm						Beginner Rec (11am-12pm)	Beginner Rec (11am-12pm)	
3.00pm	Parent & Tot (3-4pm)					Kinder Gym (11am-12pm)		
4.00pm	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (1-2pm)	Beginner Rec (1-2pm)	
5.00pm	Junior & Senior Team (5-8pm)	Dev Squad (5-7pm)	Junior & Senior Team (5-8pm)	Dev Squad (5-7pm)	Junior & Senior Team (5-8pm)	Beginner Rec (5-6pm)		
6.00pm								
7.00pm		Beginner Rec (7-8pm)		Beginner Rec (7-8pm)		Adult Gym (7-8.30pm)		
8.00pm		Adult Gym (7-8.30pm)		Adult Gym (7-8.30pm)				
9.00pm								