

NorthStar Gymnastics - 2026 Regular Class Schedule

****This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.****

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00am						Beginner Rec (9-10am)	Beginner Rec (9-10am)
						Kinder Gym (9-10am)	Kinder Gym (9-10am)
						Dev Squad / Adv Rec (9-11am)	
10:00am						Beginner Rec (10-11am)	Beginner Rec (10-11am)
						Kinder Gym (10-11am)	Kinder Gym (10-11am)
11:00am						Beginner Rec (11am-12pm)	Beginner Rec (11am-12pm)
						Kinder Gym (11am-12pm)	
12:00pm							Beginner Rec (12-1pm)
							Kinder Gym (12-11pm)
1:00pm						Beginner Rec (1-2pm)	Beginner Rec (1-2pm)
						Kinder Gym (1-2pm)	
2:00pm						Dev Squad (2-4pm)	Birthdays / Events (2.30-4.00pm)
3:00pm	Parent & Tot (3-4pm)		Beginner Rec (3-4pm)				TBC
			Kinder Gym (3-4pm)				
4:00pm	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	Beginner Rec (4-5pm)	
	Kinder Gym (4-5pm)	Kinder Gym (4-5pm)	Kinder Gym (4-5pm)	Kinder Gym (4-5pm)	Kinder Gym (4-5pm)		
5:00pm	Junior & Senior Team (5-8pm)	Dev Squad (5-7pm)	Junior & Senior Team (5-8pm)	Dev Squad (5-7pm)	Junior & Senior Team (5-8pm)	Beginner Rec (5-6pm)	
6:00pm							
7:00pm		Beginner Rec (7-8pm)		Beginner Rec (7-8pm)			
		Adult Gym (7-8.30pm)		Adult Gym (7-8.30pm)			
8:00pm							
9:00pm							