

# NorthStar Gymnastics - 2025 Regular Class Schedule

\*\*This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.\*\*

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00am						<b>Beginner Rec</b> (9-10am) <b>Kinder Gym</b> (9-10am) <b>Development Squad</b> (9-11am)	<b>Beginner Rec</b> (9-10am) <b>Kinder Gym</b> (9-10am)
10:00am						<b>Beginner Rec</b> (10-11am) <b>Kinder Gym</b> (10-11am)	<b>Beginner Rec</b> (10-11am) <b>Kinder Gym</b> (10-11am)
11:00am						<b>Beginner Rec</b> (11-12pm)	<b>Beginner Rec</b> (11-12pm)
12:00pm							<b>Beginner Rec</b> (12-1pm)
1:00pm						<b>Beginner Rec</b> (1-2pm) <b>Kinder Gym</b> (1-2pm)	<b>Beginner Rec</b> (1-2pm)
2:00pm						<b>Development Squad</b> (2-4pm)	<b>Birthdays / Events</b> (2.30-4.00pm)  TBC
3:00pm	<b>Parent &amp; Tot</b> (3-4pm)		<b>Beginner Rec</b> (3-4pm)  <b>Kinder Gym</b> (3-4pm)				
4:00pm	<b>Beginner Rec</b> (4-5pm) <b>Kinder Gym</b> (4-5pm)	<b>Beginner Rec</b> (4-5pm) <b>Kinder Gym</b> (4-5pm)	<b>Beginner Rec</b> (4-5pm) <b>Kinder Gym</b> (4-5pm)	<b>Beginner Rec</b> (4-5pm) <b>Kinder Gym</b> (4-5pm)	<b>Beginner Rec</b> (4-5pm) <b>Kinder Gym</b> (4-5pm)	<b>Beginner Rec</b> (4-5pm)	
5:00pm	<b>Junior &amp; Senior Team</b> (5-8pm)	<b>Development Squad</b> (5-7pm)	<b>Junior &amp; Senior Team</b> (5-8pm)	<b>Development Squad</b> (5-7pm)	<b>Junior &amp; Senior Team</b> (5-8pm)	<b>Beginner Rec</b> (5-6pm)	
6:00pm						<b>Adult Gym</b> (5-6.30pm)	
7:00pm		<b>Beginner Rec</b> (7-8pm) <b>Adult Gym</b> (7-8.30pm)		<b>Beginner Rec</b> (7-8pm) <b>Adult Gym</b> (7-8.30pm)			
8:00pm							
9:00pm							