NorthStar Gymnastics - 2026 Regular Class Schedule

This is an overview which may be subjected to changes. For latest timings, please check with us to confirm.

Start Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9:00am						**Beginner Rec** (9-10am) **Kinder Gym** (9-10am) **Dev Squad / Adv Rec** (9-11am)	**Beginner Rec** (9-10am) **Kinder Gym** (9-10am)
10:00am						**Beginner Rec** (10-11am) **Kinder Gym** (10-11am)	**Beginner Rec** (10-11am) **Kinder Gym** (10-11am)
11.00am						**Beginner Rec** (11am-12pm) **Kinder Gym** (11am-12pm)	**Beginner Rec** (11am-12pm)
12:00pm							**Beginner Rec** (12-1pm) **Kinder Gym** (12-1pm)
1.00pm						**Beginner Rec** (1-2pm) **Kinder Gym** (1-2pm)	**Beginner Rec** (1-2pm)
2.00pm						**Dev Squad** (2-4pm)	**Birthdays / Events** (2.30-4.00pm) TBC
3.00pm	**Parent & Tot** (3-4pm)		**Beginner Rec** (3-4pm) **Kinder Gym** (3-4pm)				
4.00pm	**Beginner Rec** (4-5pm) **Kinder Gym** (4-5pm)	**Beginner Rec** (4-5pm) **Kinder Gym** (4-5pm)	**Beginner Rec** (4-5pm) **Kinder Gym** (4-5pm)	**Beginner Rec** (4-5pm) **Kinder Gym** (4-5pm)	**Beginner Rec** (4-5pm) **Kinder Gym** (4-5pm)	**Beginner Rec** (4-5pm)	
5.00pm	**Junior & Senior Team** (5-8pm)	**Dev Squad** (5-7pm)	**Junior & Senior Team** (5-8pm)	**Dev Squad** (5-7pm)	**Junior & Senior Team** (5-8pm)	**Beginner Rec** (5-6pm)	
6.00pm							
7.00pm		**Beginner Rec** (7-8pm) **Adult Gym** (7-8.30pm)		**Beginner Rec** (7-8pm) **Adult Gym** (7-8.30pm)			
8.00pm							
9.00pm							